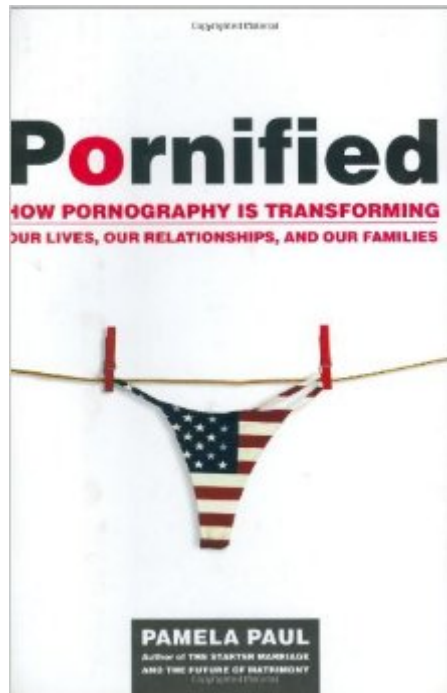


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# Pornified: How Pornography Is Transforming Our Lives, Our Relationships, And Our Families



## Synopsis

"Strips porn of its culture-war claptrap . . . Pornified may stand as a Kinsey Report for our time."--San Francisco Chronicle  
Porn in America is everywhere--not just in cybersex and Playboy but in popular video games, advice columns, and reality television shows, and on the bestseller lists. Even more striking, as porn has become affordable, accessible, and anonymous, it has become increasingly acceptable--and a big part of the personal lives of many men and women. In this controversial and critically acclaimed book, Pamela Paul argues that as porn becomes more pervasive, it is destroying our marriages and families as well as distorting our children's ideas of sex and sexuality. Based on more than one hundred interviews and a nationally representative poll, Pornified exposes how porn has infiltrated our lives, from the wife agonizing over the late-night hours her husband spends on porn Web sites to the parents stunned to learn their twelve-year-old son has seen a hardcore porn film. Pornified is an insightful, shocking, and important investigation into the costs and consequences of pornography for our families and our culture.

## Book Information

Hardcover: 320 pages

Publisher: Times Books; First Edition first Printing edition (September 8, 2005)

Language: English

ISBN-10: 0805077456

ISBN-13: 978-0805077452

Product Dimensions: 6.3 x 1.2 x 9.5 inches

Shipping Weight: 1.2 pounds

Average Customer Review: 3.7 out of 5 stars [See all reviews](#) (70 customer reviews)

Best Sellers Rank: #645,707 in Books (See Top 100 in Books) #121 in [Books > Politics & Social Sciences > Social Sciences > Pornography](#) #3348 in [Books > Self-Help > Relationships > Love & Romance](#) #7907 in [Books > Parenting & Relationships > Parenting](#)

## Customer Reviews

OK, she exaggerates, sometimes wildly. And OK, being a woman, she doesn't really understand what makes men tick (though she's certainly no man-hater). Nevertheless, her main argument is undoubtedly right. If your sex life is real sex with a real woman, then unexpected things are always happening. Especially if you're spontaneous and can laugh at yourself and be yourself and encourage your partner to be herself, too, then sex rarely gets boring. You're never sure what's going to happen, because you're not really in control (sex is best when you're completely out of

control); instead, life is in control of whatever happens. Not that it ever works out perfectly, but when you both end up feeling so good and so grateful, who cares? When these great times are shared, there's nothing else like it. Porn is the opposite. Or haven't you been using it long enough to see that it gets old pretty quickly? When the same images start to bore you, you try something a little more "edgy." At first, you'll say to yourself, "I'd never consider THAT repulsive stuff." But eventually, you wind up in precisely that gutter yourself. I'm sure she's right that well over half of US men use porn at least monthly. But since she exaggerates, it's hard to know just bad the problem really is. Porn might resemble alcohol: terribly corrosive for some, but relatively harmless for most. So if you're a woman, and you catch your hubby using porn some night, it's not necessarily any worse than his having a couple of beers. But if he also does other things that are starting to "really creep you out," then it's probably gotten worse than "just a couple of beers.

For those who aren't into porn and don't want to be, this book is a helpful education. Paul manages to tell us what's really going on in porn without forcing us to walk hip-deep into the muck. She also makes it unblinkingly clear, both from important, documented studies and from porn watchers' own disclosures, that a steady diet of porn is indeed a slippery slope into worse and worse stuff. She provides the information needed to avoid getting sucked into the "it's just harmless fantasy" and free "speech" defenses while, at the same time, standing firmly against Puritanism and outright censorship as the only alternatives. Paul also makes it painfully clear that the kind of porn so easily accessible via the Internet today is nothing like the old Playboy centerfolds (which could be characterized as Hugh Hefner's endlessly adolescent fantasies). Today's horrifically hardcore stuff is distorting in the worst possible way even to adults but even more so to pre-teens and young teens just learning about sexuality. Saying that porn is an inevitable guy thing is like saying men truly believe they are helpless in the face of pornified images, have no say in their fantasies or in what turns them on, that porn is the only way they know how to deal with repression and silence about sex, that what they learned at age 13 is good enough for the rest of their lives, or that they are incapable of distinguishing between the "forbidden" and their own internal standards. Even remaining totally within the realm of fantasy, it is perfectly legitimate to ask of porn advocates (ourselves or others), why would you even \*want\* to be turned on--even in fantasy--by the kinds of things porn purveyors produce? In the end, porn says virtually nothing about sexuality or the paid players.

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